



naïa
RESORT AND SPA

Breakfast

Continental 16

A delicious selection of fresh fruits, toast, baked goods, and homemade jelly served with coconut water and your choice of coffee or tea

Coconut French Toast 26

Coconut bread with caramelized banana and homemade syrup

Mayan Breakfast 29

Delicious sautéed callaloo and eggs served with sausages and soft corn tortillas

Granola / Yogurt 19

Assorted tropical fruits served with yogurt and homemade granola

Naïa Signature Omelette 29

Three eggs filled with your choice of three fillings (cheese, callaloo, vegetables, bacon, ham, sausage, mushrooms) served with toast and breakfast potato

Belizean Breakfast 25

Fry jacks, flour tortillas, or Johnny cakes served with coconut refried beans, and scrambled eggs

ADD
stewed chicken 11 pan fried whole snapper 15

Johnny Cake Breakfast Sandwich 27

Freshly baked johnny cakes filled with scrambled eggs, bacon, tomato, black beans, cheese and avocado

Placencia Breakfast Burrito 25

A homemade flour tortilla filled with, scrambled eggs, refried beans and local cheese served with fresh fruits

Huevos Rancheros 27

Corn tortillas topped with black beans, fried eggs, ranchero sauce, local cheese and sweet plantains

Waffles 26

Fluffy Belgian waffles dusted with powdered sugar served with butterscotch syrup and fruits

Add: deep fried tempura chicken tenders with spicy sauce - 9

Breakfast Quesadilla 25

Beans, veggies, eggs and cheese on a flour tortilla, grilled and served with salsa, guacamole and sour cream

Belizean Eggs Benedict 32

Two slices of coconut creole bread, topped with sautéed callaloo, bacon, and poached eggs, topped with cilantro hollandaise sauce

* all breakfasts come with a side of coconut water and coffee or tea

* All prices are shown in Belize Dollars and are inclusive of 12.5% General Sales Tax. Gratuities are appreciated by our team.

Sides

Fry Jacks	5	Granola	7
Flour Tortilla	5	Yogurt	7
Bacon	9	Sliced Ham	9
Eggs	7	Johnny Cakes	5
Beans	4	Sausage	9
Oatmeal	6	Toast	5

Smoothies & Juices

Banana Ginger 12

banana, yogurt, ginger, honey

Pineapple Passion 12

pineapple, yogurt, ginger, honey

Tropical Papaya 12

papaya, pineapple, yogurt, coconut water, nutmeg

Spinach Mango 12

spinach, mango, yogurt, ginger syrup

All Veggies 12

carrot, avocado, cucumber, celery, ginger, apple juice

Go Green 12

spinach, mango, cucumber, yogurt, mint, apple juice

The Tropical 12

pineapple, watermelon, cantaloupe, orange, lime juice, honey

Fruit Juice 8

freshly squeezed fruit juice, choose from:

cantaloupe, orange, pineapple, watermelon or coconut water