ADVENTURES
Belize, at only 8,867 square miles will never be mistaken for a large country, but within that relatively small area is a world of adventure waiting to be explored. The Placencia Peninsula, situated in southern Belize, is the ideal jumping off point to access the country’s premier attractions both on land and at sea.
Land
Cocoplum Birdwatch

Step right out of the hotel lobby and into the naturally beautiful environment that surrounds it. The Cocoplum property, in which Naïa is nestled, is comprised of 224 acres of primarily littoral forest and mangrove. Home to upwards of 40 bird species, and even more during periods of migration, Cocoplum offers plenty to birders both experienced and new without the hassle of a long van ride. Common species include Roadside Hawks, Chachalacas, Black Headed Trogons, Tropical Kingbirds, Little Blue Herons, Common Black Hawks, Cinnamon Hummingbirds, Ruby Throated Hummingbirds and Tropical Mockingbirds.

Intensity: Easy
Minimum: 1 Person
Length: 1.5 hours
What To Bring: Comfortable shoes or walking sandals, camera, insect repellent, and binoculars.
Lagoon Kayaking &
Wildlife Watch

Enjoy peaceful paddling in the unique mangrove habitat of the Placencia Lagoon. Your guide will help you spot various birds, both native and migrant, crabs, iguanas and perhaps a crocodile. It is also possible to see dolphins and manatees. This tour is best done in the early morning or late afternoon as the likelihood of wildlife sightings is higher at these times.

Minimum: 2 People

Maximum: 6 people or 3 two-man kayaks

Length: 2 hours

What To Bring: Hat, camera, sunscreen, sunglasses, repellent, and binoculars.
Bocawina Zipline & Waterfalls

Visit the Mayflower Bocawina National Park and enjoy the longest zipline in Belize, which takes you soaring through the rainforest canopy. Once back on terra firma you will stroll through the jungle taking in all the sights and sounds on your way to a refreshing dip in a waterfall pool.

**Intensity:** Easy to rigorous

**Minimum:** 2 People

**Length:** Full day

**What To Bring:** Comfortable shoes or walking sandals, swimsuit, hat, camera, sunscreen, sunglasses, repellent, and binoculars.
Bocawina Bird Watching & Waterfalls

Take a stroll through the beautifully manicured grounds of the Bocawina Mayflower National Park and hike up paths leading into the surrounding rainforest. Home to over 300 bird species, including trogons, toucans, and the Blue Crowned Motmot, the park is a veritable birder’s paradise. Hike up a variety of trails and cool off in the refreshing waterfall pools before making your way home.

Intensity: Easy to rigorous
Minimum: 2 People
Length: Full day
What To Bring: Comfortable shoes or walking sandals, swimsuit, hat, camera, sunscreen, sunglasses, repellent, and binoculars.
Monkey River & Manatee Watch

Take a boat ride along the coast headed south where you have the opportunity to observe manatees and dolphins. At Monkey River Village you disembark for a walk through dense jungle where howler monkeys rule the treetops. With their piercing screams you will hear them long before you see them!

Intensity: Easy
Minimum: 2 people
Length: 8am – 2:30pm
What To Bring: Comfortable shoes or walking sandals, hat, camera, sunscreen, sunglasses, repellent, and binoculars.
Cockscomb Basin Wildlife Sanctuary

The Cockscomb Basin Wildlife Sanctuary is the world’s first internationally recognized jaguar preserve and supports one of the most dense populations of these big cats in the world. With many different trails – ranging from easy to challenging -- it’s easy to take a walk on the wild side. Cool off in a refreshing waterfall pool or head to the top of one of several high ridges where you are rewarded with a stunning view of the basin and the mountains from which the park takes its name. After lunch grab an inner tube and leisurely float down the South Stann Creek River, taking in the sights, sounds and heady jungle air.

Intensity: Easy to moderate

Minimum: 2 People

Length: 6-8 hours

What To Bring: Comfortable shoes or walking sandals, swimsuit, hat, camera, sunscreen, sunglasses, repellent, and binoculars.
Mayan Sky Canopy Tour
Zipline & River Tubing

Enjoy the adrenaline rush of zip-lining through the rainforest canopy, then cool off in the South Stann Creek River. This tour is close by and you’ll be on site in 45 minutes. It’s a half day tour that can be done in the morning or afternoon with snacks or lunch provided.

Intensity: Moderate
Minimum: 2 People
Length: Approximately 5 hours
What To Bring: Comfortable shoes or walking sandals, swimsuit, hat, camera, sunscreen, sunglasses, repellent. Towels provided by the front desk, so no need to bring room towels.
Sea
Silk Cayes Snorkeling

These three tiny cayes sitting just inside the barrier reef offer wonderful snorkeling within the boundaries of one of the country’s most celebrated marine parks. Nearby is a location called “shark, ray and turtle alley”, where you can snorkel up close with nurse sharks, large loggerhead turtles, eagle rays and southern sting rays.

**Minimum:** 4 people  
**Length:** 8am to 3:30pm  
**What To Bring:** Hat, camera, sunscreen, sunglasses.

Laughingbird Caye Snorkeling

The caye is home to a unique faroe reef formation with deep channels on either side, and forms the nucleus of the Laughingbird Caye National Park. Here coral pinnacles rise from the bottom inside the main barrier reef creating a haven for a host of brilliantly colored Caribbean reef dwellers. Keep your eyes open for lobsters, spotted eagle rays, goliath groupers and nurse sharks.

**Minimum:** 4 people  
**Length:** 8am to 2:30pm  
**What To Bring:** Hat, camera, sunscreen, sunglasses.
Main Barrier Reef SCUBA Diving (2 Tank)

Belize boasts the second largest barrier reef in the world; the reef wall runs more or less parallel to our entire coastline! The southern portion of the reef offers divers a wide variety of pristine sites to choose from. The top of the reef wall starts around 40 feet in most places and then drops off into the abyss. Cruise along the wall looking for turtles, eagle rays, lobsters, moray eels and the occasional reef shark all the while admiring some of the most robust and colourful hard coral, sponges and gorgonians in the region.

Length: Full day
Minimum: 2 People
What To Bring: Hat, camera, sunscreen, sunglasses.

Refresher or SCUBA Tune Up

Are you a certified diver in need of a little practice before heading out to the open seas? This half day course reviews the basics of SCUBA theory and involves a pool session that covers all the fundamental skills you need to dive safely and comfortably.

Length: Half day.
Minimum: 1 Person
What To Bring: Hat, camera, sunscreen, sunglasses.

Discover SCUBA Diving

The perfect way to experience SCUBA diving without the commitment of doing a full certification. The experience is divided into 3 parts: a brief presentation of theory and equipment, a very shallow dive (5 feet or less) where you learn and practice fundamental skills, and finally, an open water dive of up to 40 feet in depth done under the guidance of a certified dive instructor.

Length: Full day.
Minimum: 1 person
What To Bring: Hat, camera, sunscreen, sunglasses.
Half or Full Day Fishing

Fly fishing, spin casting or trolling – take your pick for a full or half day on the water. Cruise around the cayes inside the barrier reef hitting the best fishing spots for barracuda, kingfish, jack, and snapper, while getting a chance to hit the flats for permit, tarpon and bonefish.

**Length:** Half Day or Full Day

**Maximum:** 4 People

**What To Bring:** Hat, camera, sunscreen, sunglasses.

Sport/Game Fishing (Outer Reef)

This full day of fishing allows for a group of up to six anglers to head outside the barrier reef in search of game fish such as wahoo, dorado, tuna, barracuda, kingfish and large jacks.

**Length:** Full day.

**Maximum:** 6 people.

**What To Bring:** Hat, camera, sunscreen, sunglasses.

Salt Water Fly Fishing

For the dedicated angler, the flats and holes around the numerous southern cayes offer the opportunity for a Grand Slam with Permit, Bonefish, and Tarpon all present.

**Length:** Full Day

**Maximum:** 2 People

**What To Bring:** Hat, camera, sunscreen, sunglasses.
Catamaran Day Sail

Hop aboard a luxury catamaran for a leisurely sail in style out to a nearby caye. Soak in the seabreeze while your capable and friendly crew raises the sails and plies you with cold beverages. Once at the island either relax or go for a guided snorkel tour. Enjoy a beach barbecue before raising the sails once more as you head west toward the setting sun over Placencia. Private charters are available in addition to regularly scheduled trips.

Intensity: Extra Easy

Length: 9am to 4pm

What To Bring: Hat, camera, sunscreen, sunglasses
Culture
Chocolate & Waterfalls

Spend a morning at the Ixcacao Chocolatier, see cacao growing on trees and learn about its cultivation. Then enjoy Maya hot chocolate and other delicious chocolate samples while observing the process of making chocolate from bean to bar using heirloom stone tools. Spend the afternoon cooling off at jungle waterfalls nestled in the picturesque hills of San Antonio Village.

Intensity: Easy to moderate

Minimum: 2 People

Length: 8am - 5pm

What To Bring: Comfortable shoes or walking sandals, swimsuit, hat, camera, sunscreen, sunglasses, repellent, and extra cash to buy chocolate to take home.
Chocolate & Spice

Combine a visit to the Ixcacao Chocolatier with a tour of the Belize Spice Farm. Here you will get your hands on cardamom, vanilla, allspice, nutmeg, and black pepper plants. Touch and taste these spices and learn about their origins, uses, cultivation, and processing. You’ll never look at your spice rack in the same way again!

**Intensity:** Easy to moderate

**Minimum:** 2 People

**Length:** 8am - 5pm

**What To Bring:** Comfortable shoes or walking sandals, hat, camera, sunscreen, sunglasses, repellent, binoculars, and extra cash to buy chocolate to take home.
Ancient Maya Site & Rio Blanco Falls

Nimli Punit (which means ‘big hat’ in Ketchi Maya), is a small hilltop site famous for its carved stones covered in hieroglyphs. The second half of the day takes you to the beautiful Rio Blanco Falls where you can enjoy a refreshing swim.

**Intensity:** Easy to moderate

**Minimum:** 2 People

**Length:** 8am - 5pm

**What To Bring:** Comfortable shoes or walking sandals, swimsuit, hat, camera, sunscreen, sunglasses, and repellent.
Southern Ancient Maya Sites

This tour combines a visit to the sites of Nimli Punit and Lubaantun. Nimli Punit is well known for its large stellae whose glyphs depict major events in ancient Mayan history. Lubaantun means “place of the fallen stones” in Ketchi Maya and is noteworthy for its mortar-less stone work.

Intensity: Easy to moderate
Minimum: 2 people
Length: 8am – 5pm
What To Bring: Comfortable shoes or walking sandals, hat, camera, sunscreen, repellent.
ATM Caves

Actun Tunichil Muknal means ‘Cave of the Stone Sepulchre’, and is nestled in the foothills of the Maya Mountains. This extraordinary cave contains fourteen skeletons, ceramics and stoneware left by the Maya more than 1000 years ago. One of the skeletons is that of a young girl; her calcified remains glow eerily in the beam of your headlamp. One has to climb, swim, and wade through a river that winds through the cave.

Intensity: Rigorous

Minimum: 2 People

Length: 6.30am - 6pm

What To Bring: Comfortable shoes or walking sandals, socks, swimsuit, hat, camera, sunscreen, and repellent.
Xunantunich & Blue Hole National Park

The word Xunantunich means ‘Maiden of the Rock’ in Mopan Maya, and is a lovingly restored ruin, with a recently discovered king's burial chamber full of ceremonial items. A stop at The Blue Hole National Park is done on the way back. This limestone cave formation is filled with water that reflects a surreal blue colour. During your visit you can take a swim in this natural wonder.

Intensity: Easy to moderate

Minimum: 2 People

Length: 7am - 6pm

What To Bring: Comfortable shoes or walking sandals, swimsuit, hat, camera, sunscreen, sunglasses, repellent, and binoculars.